



## *Pacific NorthWest Economic Region*

**Pacific Northwest Economic Region Annual Meeting  
PNWER Health Care Working Group:  
Mental Health and Addictions in the Workplace  
SPECIAL SYMPOSIUM**

Sunday July 18<sup>th</sup>, Hyatt Regency Hotel, Calgary, Alberta  
12:30pm to 5:00pm

[Presentations will be taped](#)

**12:30 – 1:00: Lunch and Greetings**

Greetings on behalf of PNWER Health Care Working Group / John Sproule, Co-Chair of  
PNWER Health Care Working Group & Institute of Health Economics

**1:00 – 1:45 Opening Address: *Trends in Mental Health & Addictions in the  
Workplace: Psychologically Healthy Workplaces***

**Dr. Ian Arnold** – Chair, Workplace Committee of the Mental Health Commission  
of Canada (Ottawa) (30 minutes)  
**Questions** (10 minutes)

**1:45 – 3:00: *What Does the Science Tell Us?***

**Dr. Mark Attridge** - Attridge Consulting (Minneapolis)  
Topic: *Addictions in the North American Workplace: A Research Review* (20  
minutes)

**Dr. Gus Thompson** - Institute of Health Economics (Edmonton)  
Topic: *The Employer Perspective on Mental Health and Addictions – New Survey  
Results from IHE Research* (20 minutes)

**Professor JianLi Wang** – Faculty of Psychiatry & Community Health Sciences,  
University of Calgary (Calgary)

Topic: *Stigma and the (Mis)Understanding of Depression: Research on Mental Health Literacy* (20 minutes)

**Response Panel & Q/A: (15 minutes)**

**Cathy Pryce** – Alberta Health Services (Calgary)

**Professor Roger Palmer** – Faculty of Business, University of Alberta (Edmonton)

**3:00 – 3:15: BREAK**

**3:15 – 4:30 Section Two: *Employer Responses and New Resources***

**Dr. Merv Gilbert** – Gilbert-Acton Consulting (Vancouver)

Topic: *Guarding Minds/Great-West Life Program - New Resources for Organizations* (20 minutes)

**Chris Hylton** – Hylton & Associates (Calgary) & Board of EASNA

Topic: *The Role of Employee and Family Assistance Programs (EFAP) and the EASNA 2009 Purchasers' Guide to EAP* (20 minutes)

**Dr. Ann Malain** – Human Solutions EFAP (Toronto)

Topic: *Employer Case Example of SAE/SAP Workplace Drug Testing & Support in Alberta* (20 minutes)

**Response Panel: (15 minutes)**

**Cathy Pryce** – Alberta Health Services (Calgary)

**Professor Roger Palmer** – Faculty of Business, University of Alberta (Edmonton)

**4:30 – 5:00: Open Discussion & Review (30 minutes)**

**Dr. Mark Attridge** - Review of Resources in Canada and US on Mental Health and Addictions in the Workplace (10 minutes)

**Open Discussion with Faculty & Audience**

**Final Comments**

**5:15: Reception**

Support for this session has been provided by Norlien Foundation, Institute of Health Economics, Eli Lilly, Merck and PNWER.

## **Faculty Contacts**

### **Ian Arnold, MD, FRCP**

Chair, Workplace Committee - Canada Mental Health Commission  
Adjunct Professor, Occupational Health, McGill University  
Ottawa, ON Canada  
email: imfarnold@ca.inter.net  
phone: 613 228-3054

### **Mark Attridge, PhD, MA**

President, Attridge Consulting, Inc.  
Minneapolis, MN USA  
email: mark@attridgeconsulting.com  
phone: 612-889-2398

### **Merv Gilbert, PhD, R. Psych**

Partner, Gilbert Acton Ltd.  
Vancouver, BC Canada  
email: mervgilbert@gilbertacton.com  
phone: 604-809-4173

### **Chris Hylton, MA**

Principal, Hylton & Associates  
Calgary, AB Canada  
email: chris@hylton.ca  
phone: 403-264-5288

### **Ann Malain, PhD**

Senior Clinician, Human Solutions  
Toronto, ON Canada  
email: amalain@humansolutions.ca  
phone: 416-964-2117 Ext 5204

### **Roger Palmer, PhD**

Professor, School of Business, University of Alberta  
Edmonton, AB Canada  
email: roger.palmer@ualberta.ca  
phone: 780-248-1520

**Cathy Pryce, RN**

VP, Addictions and Mental Health, Alberta Health Systems

Adjunct Professor, University of Calgary

Calgary, AB Canada

email: cathy.pryce@albertahealthservices.ca

phone: 403-943-5783

**John Sproule**

Senior Policy Director, Institute of Health Economics

Edmonton, AB Canada

email: jsroule@ihe.ca

phone: 780-448-4881 Ext: 264

**Gus Thomson, PhD**

Researcher, Institute of Health Economics

Edmonton, AB Canada

email: gthompson@ihe.ca

phone: 780-448-4881 Ext: 2227

**JianLi Wang, PhD**

Associate Professor, Psychiatry & Community Health, University of Calgary

Calgary, AB Canada

email: jlwang@ucalgary.ca

phone: 403-210-8683